

Mediterranean Cooking

Please join us for a Mediterranean Cooking Class

- Learn about Mediterranean Cooking and Healthy Eating
- Plan Healthy Meals
- Mindful Eating
- Enjoy cooking and discussion with others who are interested in healthy eating

Details

DATES: November 11, 2026

DAY OF WEEK: Wednesday

TIME: 9:30-10:30 am

LOCATION:

Presbyterian Santa Fe Medical Center
Farmers Market Teaching Kitchen
4801 Beckner Rd.
Santa Fe, NM 87507

TOREGISTER: Use the QR Code below or call the Santa Fe County Cooperative Extension office 505-471-4711.

Register using the QR code or online at <https://www.prescommhealthclasses.com/book-online>



Class size is limited. Schedule is subject to change depending on minimum participant enrollment.



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Community Health