

NUTRITION KIDS

CAMP!

AGES 5-7



June 8 - 12, 2026
10 am - 1 pm



Santa Fe County Extension Office



Join us for an evidence-based health and nutrition education program where campers explore nutrition and fitness through fun fitness activities, outdoor activities, hands-on activities, and healthy eating.

This camp is ideal for curious learners ready to explore and learn about fitness and nutrition!



FUN FITNESS ACTIVITIES



OUTDOOR ACTIVITIES



HANDS-ON ACTIVITIES



HEALTHY EATING



NMSU is an Equal Opportunity Educator and Employer

MOVE. EXPLORE. LEARN. GROW HEALTHY!